Headteacher: Mrs Beck Preece NPQH NASEC
Tel: 01743 343812
admin@woodfield.empowermat.co.uk

Woodfield Road
Copthorne
Shrewsbury
SY3 8LU

Headteacher: Mrs K. Lee NPQH
Tel:01743 357133
admin@stgeorges.empowermat.co.uk

Our ref: KL/MB

10th September 2026

Dear Parents and Carers,

Allergy Safety in School: Important Changes from September 2026

At Woodfield Infant School and St. George's Junior School, the safety, health and wellbeing of all our pupils remain our highest priority.

From September 2026, schools across England are implementing new statutory allergy safety arrangements, commonly referred to as Benedict's Law. These changes are designed to improve the safety of pupils with allergies and reduce the risk of serious allergic reactions in school.

Schools must have appropriate allergy safety policies, trained staff, emergency medication arrangements and Individual Healthcare Plans for pupils who require them. While we cannot create an entirely allergen-free environment, we can all work together to reduce risk significantly.

How Parents and Carers Can Help
We kindly ask for your support with the following measures:

Food Brought into School
To help protect pupils with severe allergies:

- Please avoid sending foods containing nuts or any other identified high-risk allergen where either school has communicated a specific risk.
- Children must not share food, snacks, sweets or packed lunch items with other pupils.
- Any food intended for celebrations, birthdays or class events must be agreed with the class teacher in advance.
- Where possible, please choose non-food alternatives for birthdays and celebrations, such as stickers, pencils, bookmarks or a book donated to the class.

Packed Lunches
If your child brings a packed lunch, please:

- Check ingredient labels carefully.
- Avoid including foods that the school has specifically requested are not brought onto the site.
- Remind your child that they must not share any food with others.

Medical Information and Medication
If your child has any of the following, please ensure that their school has the most up-to-date medical information and prescribed medication:

- a food allergy;
- an intolerance;
- asthma linked to allergies; or
- an adrenaline auto-injector, such as EpiPen, Jext or Emerade.

Medication must be in date, clearly labelled and supplied in accordance with the school's procedures. Please notify the relevant school office promptly of any change to your child's diagnosis, symptoms, treatment or emergency contact details.

Why These Changes Matter
Food allergies can be serious and, in some cases, life-threatening. By taking these straightforward precautions, we can help every child to learn, play and participate safely in school life.

These arrangements depend upon the support of our whole school community, and we are very grateful for your cooperation. If you have any questions or would like to discuss your child's medical needs, please contact the relevant school office.

Thank you for helping us to maintain a safe and inclusive environment for every child.

Yours faithfully,

Mrs Lee

Mrs Lee
Headteacher
St George's Junior School