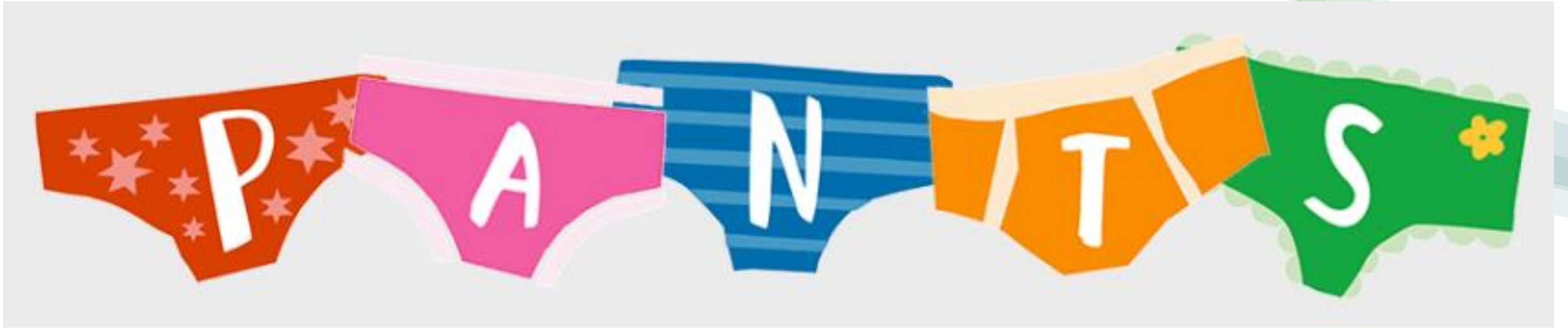


Pantosaurus

By the Safeguarders

What are the PANTS rules?





What are the PANTS rules?







What are the PANTS rules?

P RIVATES ARE PRIVATE

A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

TALK P A N T S LIKE PANTOSAURUS!



What are the PANTS rules?







What are the PANTS rules?







What are the PANTS rules?



P RIVATES ARE PRIVATE

A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS THAT UPSET YOU

S PEAK UP, SOMEONE CAN HELP



P p

Your pants cover up your privates and no one should ask to see/touch them.

Sometimes a doctor, nurse or family member might have to. But they should always explain why, and ask you if it's OK first.

Remember, what's in your pants belongs only to you if someone asks to see them tell them NO! ☺





Always remember your body belongs to YOU ☺

- No one has the right to make you uncomfortable.
- It is never your fault if someone makes you uncomfortable.
- Make sure you know that you are in charge of your body and can say no.

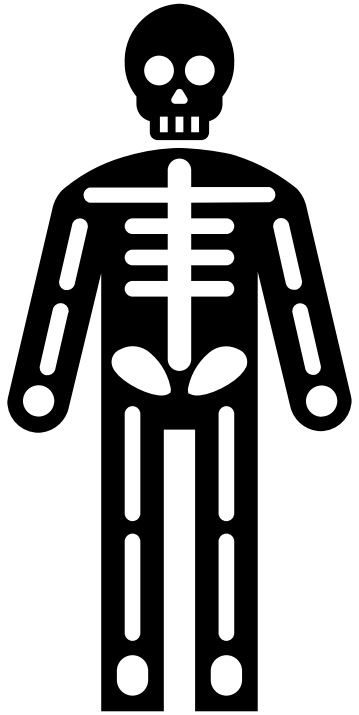




No means No!

- If someone asks you to see your private parts say NO unless they are a qualified doctor,
- parent or guardian, even then it should only be for safety or hygiene.

- You can always ask to have someone you feel comfortable with to come with you.



Talk about secrets that upset you

Some secrets can upset you and some secrets are fine like birthday surprises. Bad secrets can upset you and you should tell:

- Safeguarding adults (Mrs Lee, Miss Worley, Mr Pearce, Mrs Smallwood or Mrs Hughes)
- Childline (0800 1111)
- Your trusted family
- A trusted adult in school



If you find yourself in a place that something does not feel right, tell an adult.

Speak up, someone can help

If you are worried/ upset, then you can talk to any safe / trusted adult or ChildLine (0800 1111)

Talking should NOT get you in trouble, even if someone has told you it will. Remember, it is NOT your fault!




Wearing pants gives you special powers. They're **YOUR** pants, and it's **YOUR** body. What if someone asked to see or touch you underneath your pants?


They'd get a
BIG, LOUD
NO!

Let's watch the Pantasaurus song!

- https://www.youtube.com/watch?v=-lL07JOGU5o&pp=ygULcGFudG9zYXVydXM%3D



Quiz

- If something doesn’t feel right, would you tell a stranger?
    - Sometimes,
    - Always
    - Never

Quiz

- If something doesn’t feel right, would you tell a stranger?
  - Sometimes,
  - Always
  - Never

You could tell a trusted stranger such as Childline, the police or a doctor.

Quiz

- If your friends ask to see your private parts, what should you do/say?

Quiz

- If your friends ask to see your private parts, what should you do/say?

  Say no

Quiz

- Is it ok to hit each other in the private parts, for a joke?

Quiz

- Is it ok to hit each other in the private parts, for a joke?

No!!

Quiz

- You are at the doctors, and they need to see parts covered by your pants. This makes you feel uncomfortable. What should you do?

Quiz

- You are at the doctors, and they need to see parts covered by your pants. This makes you feel uncomfortable. What should you do?

You can ask for a trusted adult to come with you.

Quiz

- What is the Childline number?

Quiz

- What is the Childline number?

08001111