# The Safeguarding Times

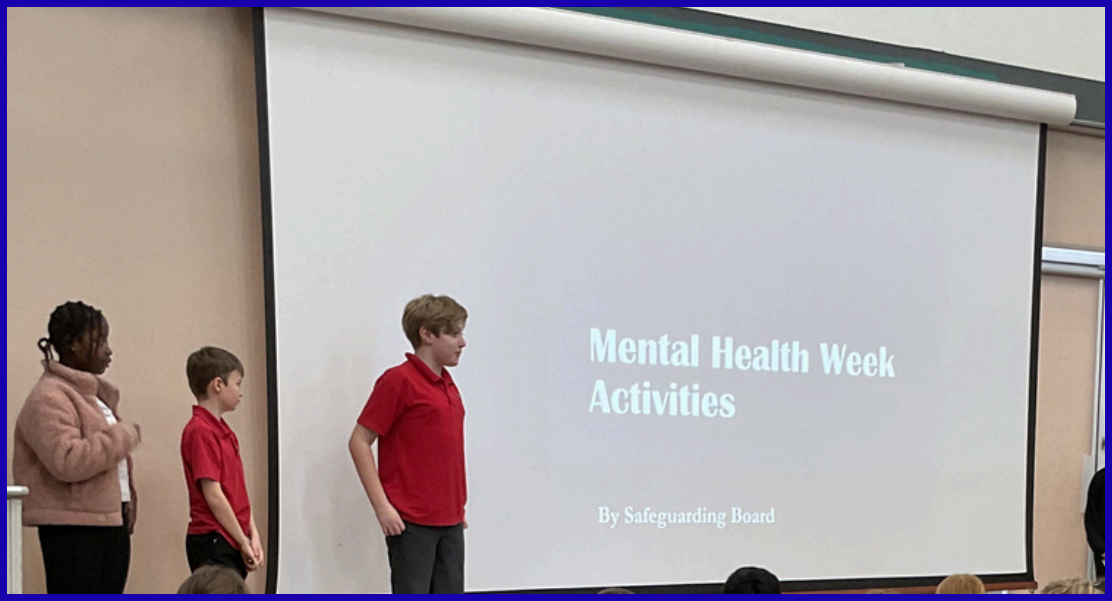
## Spring



# Editorial

Hello, I am Lucas and I have the pleasure of being the first editor of this publication. This is a new paper that is intended for both student and parent use. So, parents, show this to your kids! This Half Term, the Safeguarding Board has been very busy indeed. Now I shall hand over to Jack for the first article.

Lucas
Editor



# Mental Health Week Prep




**The safeguarders spent three weeks preparing for mental health week. We wanted it to be the best it can be for our school.**

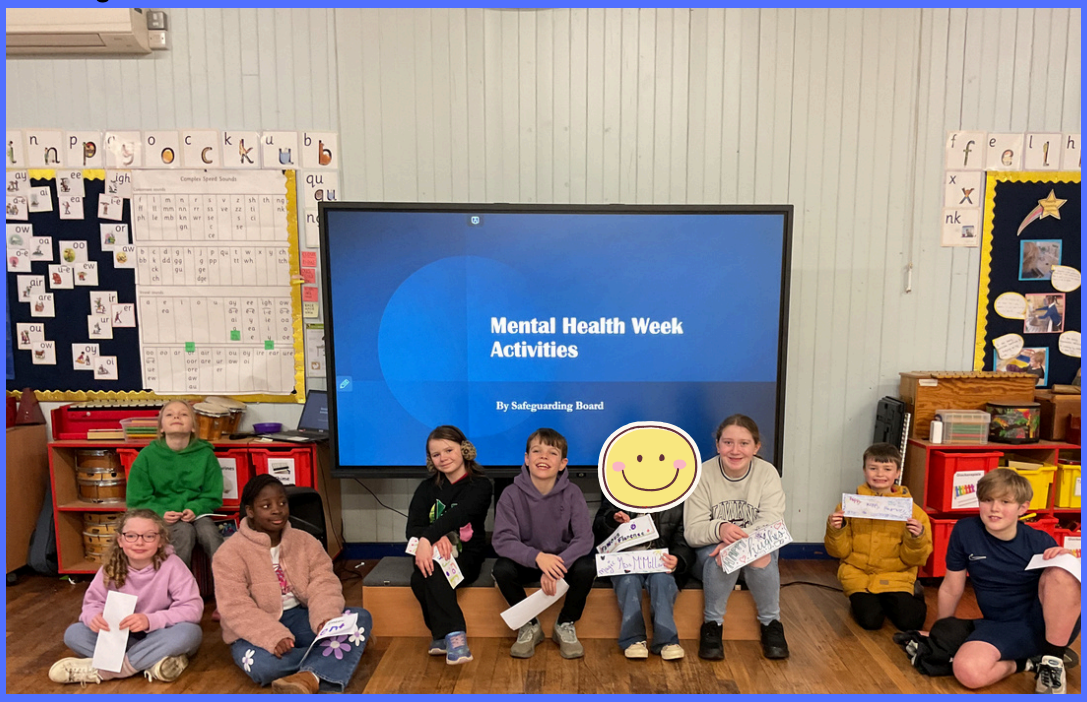
**We organised different activities such as:**

- **name plates**
- **chatty run with Woodfield**
- **assembly to the whole school**
- **made posters of positivity**
- **taught the mindfulness breathing exercises**



# Woodfield Visit

## By Lucas




Recently, the Safeguarding Board had the delight of going to Woodfield Infant School to give an assembly on Mental Health and what activities they were doing in conjunction with St .Georges, such as the Chatty Run and some other optional activities such as posters of positivity , name plates and some mindfulness breathing exercises to help them feel more calm during the assembly such as finger breathing and box breathing. It was an absolute joy to give an assembly to them.

# Top Safeguarding Tips: On the Playground Stay Safe, Stay Aware



## Tip 1:

Follow Choose It, Use it, Put it away. Yes, We know that there might be the lunch call, but someone can trip over and then they have to go to a First Aider , taking up valuable time that they could use for dealing with other injuries.

## Tip 2:

When break or lunch finishes or your class is called, don't run to the line. Multiple people running could collide, each one of them having an injuries so having to see a first aider, which could have been avoided by just walking to the line. Remember we are all going to the same place.



# Important reminders!

1.Bringing cake in for birthdays and sweets for consumption upon the school site is not allowed due to Health and Safety issues.

2. All nuts are prohibited (including in nutella) due to the large amount of allergens to nuts in schools. This includes may contain too.



# Types of bullying

**C** Cyber- any type of bullying that happens online (youtube, text message, snapchat, tik tok.



**V** verbal- saying unkind comments to people directly.



**I** indirect- when people are being unkind behind your back (e.g. not allowing others to play)



**P** Physical- physically harming another (e.g. punching, kicking, pushing, pinching, smacking)






**Bullying is:**
**Several**
**Times**
**On**
**Purpose**

# Credits

Layla
Jack
Lucas
Billy
Nancy
Harvey
Florence
Jeanie
Ella
Kara
Ewatomi
Mrs Hughes
Miss McMillan