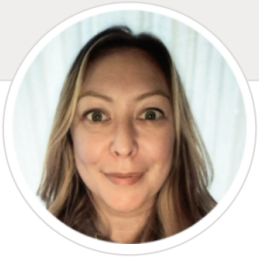
Meet the team!

Social Emotional, Mental Health and Wellbeing

				
Alison Youle Family Support Worker Lego Think Bricks	**Sharon Geary** Qualified Nurture Lead	**Kelly Parham** Nurture Lead	**Kirsten Dodenhoff** No Worries ELSA	**Jane Chambers** ELSA Qualified Nurture Lead

				
Jen Hughes SENCO Pawsb	**Grace Galley** Art Therapy Drawing and Talking Therapy	**Sarah Selley** Art Therapy	**Karen Owen** Art Therapy	**Kensa** School Dog

				 
Charlotte Worley Emotion Coaching Lead Lego Think Bricks Pawsb	**Charli Edwards** Drawing and Talking Therapy	**Abby Jones** Wellbeing Lead Pawsb Girls on Board	**Jodee Humphreys** Nurture Lead Mental Health First Aider	**Pupil Groups** Play Leaders Safeguarders Playground Buddies Wellbeing Ambassadors
				
Sarah Hadley Lego Think Bricks	**Rebecca Mitchell** Lego Think Bricks	**Emma Wells** Lego Think Bricks	**Wayne Lloyd** Cool kids Outdoor Learning	**Karlie Moore** Outdoor Learning

We are very lucky to have a wealth of well-trained and experienced staff in place at St George's to support the social, emotional, mental health and wellbeing of all of our pupils. We always begin with quality first teaching and a robust, engaging and holistic curriculum. This is supported by a 3-tiered offer: tier 1 is a universal offer for all pupils and will, for most pupils, be enough to develop positive mental health and wellbeing. We are aware that there may be occurrences in pupil's lives which mean that they may require additional support for a period of time. To support this, we have our tier 2 and 3 offer of intervention and more targeted support. If you think that your child may need support beyond that offered in tier 1, please speak to your child's class teacher in the first instance.

Tier 1 - Universal Offer

- [ ] PSHE and Relationships Curriculum
- [ ] Emotion Coaching
- [ ] Restorative Practice (Circle Time, Check-ins, Worry boxes, Meet and greets)
- [ ] PawsB Mindfulness Curriculum
- [ ] Zones of Regulation

Tier 2 - Non Specialist Interventions

- [ ] Zones of Regulation Intervention
- [ ] Sensory Circuits
- [ ] Anger/Anxiety Gremlin Work
- [ ] Social Stories/ Social Games
- [ ] Think Good Feel Good (Cognitive Behavioural Therapy Approaches)

Tier 3 - Specialist Interventions

- [ ] No Worries (small group 12 week intervention)
- [ ] ELSA (1:1 6-12 week intervention)
- [ ] Lego Think Bricks (1:1 or small group intervention)
- [ ] Drawing and Talking Therapy (1:1 6-12 week intervention)

- [ ] Playful Connections Therapy (1:1 8 weeks intervention)
- [ ] Art in Schools Therapy

External Signposting

- [ ] Kooth (1:1 online counselling and resources ages 11+)
- [ ] Childline (1:1 online counselling and resources)
- [ ] BeeU Mental Health
- [ ] Shropshire SEND Local Offer
- [ ] Shropshire Family Information Service